

# Sörbyskogen Svartare Örebro 2024-01-27 Resultat

Klass	Antal resultat
36 km (12 varv)	56
18 km (6 varv)	25
<b>Totalt</b>	<b>81</b>

## 36 km (12 varv)

Distans: 36 000 m

Plac	Ålder	Namn	Resultat	Mellantider					
				1 (3 km)	2 (6 km)	3 (9 km)	4 (12 km)	5 (15 km)	6 (18 km)
1	M: 1	49 André Rangelind -91 IF Göta Karlstad	05:42:06 09:30 min/km Snitt: 00:20:32	1 (3 km) 00:24:26	2 (6 km) 00:19:58 00:50:13	3 (9 km) 00:20:28 01:20:28	4 (12 km) 00:19:49 01:49:49	5 (15 km) 00:19:47 02:19:47	6 (18 km) 00:20:54 02:50:54
2	M: 2	11 Joel Aristondo Magnusson -02 Äria IF	05:42:33 09:30 min/km Snitt: 00:21:02	1 (3 km) 00:20:13	2 (6 km) 00:23:06 00:53:21	3 (9 km) 00:22:33 01:22:33	4 (12 km) 00:22:48 01:52:48	5 (15 km) 00:21:10 02:21:10	6 (18 km) 00:13:03 02:43:03
3	M: 3	22 Marcus Bargholtz -90 Örebro	05:42:42 09:31 min/km Snitt: 00:15:46	1 (3 km) 00:15:58	2 (6 km) 00:16:02 00:46:17	3 (9 km) 00:14:00 01:14:00	4 (12 km) 00:15:12 01:45:12	5 (15 km) 00:14:45 02:14:45	6 (18 km) 00:16:56 02:46:56
4	M: 4	35 Jim Dahlberg -91 Grusvstrarna	05:43:41 09:32 min/km Snitt: 00:19:46	1 (3 km) 00:21:41	2 (6 km) 00:22:37 00:52:52	3 (9 km) 00:20:22 01:20:22	4 (12 km) 00:20:20 01:50:20	5 (15 km) 00:18:47 02:18:47	6 (18 km) 00:19:09 02:49:09
5	M: 5	51 Mattias Edlund -84 Tuggetrail	05:43:56 09:33 min/km Snitt: 00:20:33	1 (3 km) 00:24:24	2 (6 km) 00:19:55 00:50:10	3 (9 km) 00:20:26 01:20:26	4 (12 km) 00:19:49 01:49:49	5 (15 km) 00:19:48 02:19:48	6 (18 km) 00:20:51 02:50:51
6	M: 6	10 Stefan Jonsson -80 Örebro	05:43:58 09:33 min/km Snitt: 00:21:25	1 (3 km) 00:24:19	2 (6 km) 00:23:04 00:53:19	3 (9 km) 00:22:28 01:22:28	4 (12 km) 00:22:03 01:52:03	5 (15 km) 00:21:58 02:21:58	6 (18 km) 00:21:44 02:51:44
7	M: 7	31 Christofer Vestmo -95 Västerås	05:44:07 09:33 min/km Snitt: 00:21:40	1 (3 km) 00:24:26	2 (6 km) 00:23:11 00:53:26	3 (9 km) 00:21:06 01:21:06	4 (12 km) 00:22:02 01:52:02	5 (15 km) 00:20:43 02:20:43	6 (18 km) 00:21:44 02:51:44
8	M: 8	32 Jesper Isaksson -95 LöpellerSpö	05:45:20 09:35 min/km Snitt: 00:19:49	1 (3 km) 00:21:40	2 (6 km) 00:22:34 00:52:49	3 (9 km) 00:20:24 01:20:24	4 (12 km) 00:20:19 01:50:19	5 (15 km) 00:18:45 02:18:45	6 (18 km) 00:19:08 02:49:08
9	M: 9	14 Marcus Cederlöf -92 Västerås	05:45:21 09:35 min/km Snitt: 00:20:53	1 (3 km) 00:20:42	2 (6 km) 00:19:46 00:50:01	3 (9 km) 00:20:16 01:20:16	4 (12 km) 00:22:01 01:52:01	5 (15 km) 00:21:57 02:21:57	6 (18 km) 00:20:50 02:50:50
10	M: 10	47 Patrik Nilvér -83 LK Gränslöst	05:45:23 09:35 min/km Snitt: 00:15:12	1 (3 km) 00:16:33	2 (6 km) 00:15:12 00:45:27	3 (9 km) 00:13:59 01:13:59	4 (12 km) 00:15:13 01:45:13	5 (15 km) 00:16:13 02:16:13	6 (18 km) 00:13:18 02:43:18
11	M: 11	56 Märten Nilsson -99	05:45:33 09:35 min/km Snitt: 00:24:12	1 (3 km) 00:26:00	2 (6 km) 00:24:47 00:55:02	3 (9 km) 00:24:09 01:24:09	4 (12 km) 00:25:17 01:55:17	5 (15 km) 00:23:19 02:23:19	6 (18 km) 00:24:32 02:54:32

12	M: 12	6 Torbjörn Eriksöon -66 Team Nordic Trail Örebro	05:45:40 09:36 min/km Snitt: 00:22:45	1 (3 km) 00:24:21	2 (6 km) 00:23:40 00:53:55	3 (9 km) 00:22:44 01:22:44	4 (12 km) 00:22:46 01:52:46	5 (15 km) 00:24:10 02:24:10	6 (18 km) 00:24:12 02:54:12
				7 (21 km) 00:23:13 03:23:13	8 (24 km) 00:23:26 03:53:26	9 (27 km) 00:24:29 04:24:29	10 (30 km) 00:26:02 04:56:02	11 (33 km) 00:18:26 05:18:26	12 (36 km) 00:15:40 05:45:40
13	M: 13	1 Viggo Edwall -08 Kfum Örebro orientering	05:45:50 09:36 min/km Snitt: 00:23:38	1 (3 km) 00:24:42	2 (6 km) 00:23:05 00:53:20	3 (9 km) 00:22:44 01:22:44	4 (12 km) 00:22:50 01:52:50	5 (15 km) 00:24:29 02:24:29	6 (18 km) 00:24:21 02:54:21
				7 (21 km) 00:24:26 03:24:26	8 (24 km) 00:25:06 03:55:06	9 (27 km) 00:25:51 04:25:51	10 (30 km) 00:26:00 04:56:00	11 (33 km) 00:24:13 05:24:13	12 (36 km) 00:15:50 05:45:50
14	K: 1	29 Malin Yngström -74 OK Tisaren	05:47:21 09:38 min/km Snitt: 00:23:30	1 (3 km) 00:24:40	2 (6 km) 00:24:20 00:54:35	3 (9 km) 00:23:32 01:23:32	4 (12 km) 00:22:47 01:52:47	5 (15 km) 00:24:31 02:24:31	6 (18 km) 00:24:17 02:54:17
				7 (21 km) 00:23:47 03:23:47	8 (24 km) 00:23:34 03:53:34	9 (27 km) 00:24:28 04:24:28	10 (30 km) 00:24:34 04:54:34	11 (33 km) 00:24:09 05:24:09	12 (36 km) 00:17:21 05:47:21
15	M: 14	12 Nicklas Jander -89 Almby IK	05:47:25 09:39 min/km Snitt: 00:21:07	1 (3 km) 00:20:12	2 (6 km) 00:22:35 00:52:50	3 (9 km) 00:21:05 01:21:05	4 (12 km) 00:20:20 01:50:20	5 (15 km) 00:21:13 02:21:13	6 (18 km) 00:21:45 02:51:45
				7 (21 km) 00:21:55 03:21:55	8 (24 km) 00:21:23 03:51:23	9 (27 km) 00:24:33 04:24:33	10 (30 km) 00:20:23 04:50:23	11 (33 km) 00:20:44 05:20:44	12 (36 km) 00:17:25 05:47:25
16	M: 15	38 Simon Ekdahl -77 KFUM Örebro orientering	05:47:31 09:39 min/km Snitt: 00:22:55	1 (3 km) 00:24:41	2 (6 km) 00:23:06 00:53:21	3 (9 km) 00:22:32 01:22:32	4 (12 km) 00:22:49 01:52:49	5 (15 km) 00:21:13 02:21:13	6 (18 km) 00:24:20 02:54:20
				7 (21 km) 00:23:47 03:23:47	8 (24 km) 00:23:27 03:53:27	9 (27 km) 00:25:26 04:25:26	10 (30 km) 00:24:14 04:54:14	11 (33 km) 00:21:54 05:21:54	12 (36 km) 00:17:31 05:47:31
17	K: 2	39 Julia Ekdahl -08 KFUM Örebro orientering	05:47:31 09:39 min/km Snitt: 00:23:21	1 (3 km) 00:24:43	2 (6 km) 00:23:05 00:53:20	3 (9 km) 00:22:42 01:22:42	4 (12 km) 00:22:49 01:52:49	5 (15 km) 00:24:28 02:24:28	6 (18 km) 00:24:18 02:54:18
				7 (21 km) 00:23:29 03:23:29	8 (24 km) 00:23:27 03:53:27	9 (27 km) 00:25:50 04:25:50	10 (30 km) 00:25:59 04:55:59	11 (33 km) 00:21:52 05:21:52	12 (36 km) 00:17:31 05:47:31
18	M: 16	24 Joakim Sannerhult -86 Örebro	05:47:47 09:39 min/km Snitt: 00:19:33	1 (3 km) 00:22:04	2 (6 km) 00:19:35 00:49:50	3 (9 km) 00:19:17 01:19:17	4 (12 km) 00:18:45 01:48:45	5 (15 km) 00:18:36 02:18:36	6 (18 km) 00:18:48 02:48:48
				7 (21 km) 00:18:56 03:18:56	8 (24 km) 00:19:54 03:49:54	9 (27 km) 00:20:41 04:20:41	10 (30 km) 00:20:01 04:50:01	11 (33 km) 00:20:12 05:20:12	12 (36 km) 00:17:47 05:47:47
19	M: 17	5 Markus Vestberg -88 Örebro	05:47:55 09:39 min/km Snitt: 00:24:01	1 (3 km) 00:25:55	2 (6 km) 00:23:41 00:53:56	3 (9 km) 00:22:40 01:22:40	4 (12 km) 00:22:56 01:52:56	5 (15 km) 00:24:11 02:24:11	6 (18 km) 00:24:18 02:54:18
				7 (21 km) 00:25:09 03:25:09	8 (24 km) 00:24:34 03:54:34	9 (27 km) 00:26:37 04:26:37	10 (30 km) 00:26:03 04:56:03	11 (33 km) 00:24:17 05:24:17	12 (36 km) 00:17:55 05:47:55
20	K: 3	45 Maria Pettersson -67 Kumla	05:48:36 09:41 min/km Snitt: 00:21:33	1 (3 km) 00:24:22	2 (6 km) 00:22:32 00:52:47	3 (9 km) 00:23:16 01:23:16	4 (12 km) 00:22:25 01:52:25	5 (15 km) 00:21:10 02:21:10	6 (18 km) 00:21:15 02:51:15
				7 (21 km) 00:21:31 03:21:31	8 (24 km) 00:20:33 03:50:33	9 (27 km) 00:20:47 04:20:47	10 (30 km) 00:21:33 04:51:33	11 (33 km) 00:20:42 05:20:42	12 (36 km) 00:18:36 05:48:36
21	K: 4	40 Ida Enger -74 Pålsboda Golf	05:48:42 09:41 min/km Snitt: 00:23:57	1 (3 km) 00:26:07	2 (6 km) 00:25:37 00:55:52	3 (9 km) 00:25:59 01:25:59	4 (12 km) 00:26:19 01:56:19	5 (15 km) 00:25:10 02:25:10	6 (18 km) 00:24:56 02:54:56
				7 (21 km) 00:24:38 03:24:38	8 (24 km) 00:23:36 03:53:36	9 (27 km) 00:22:58 04:22:58	10 (30 km) 00:21:33 04:51:33	11 (33 km) 00:21:55 05:21:55	12 (36 km) 00:18:42 05:48:42
22	M: 18	8 Henrik Johansson -75 Örebro	05:48:43 09:41 min/km Snitt: 00:23:30	1 (3 km) 00:24:30	2 (6 km) 00:23:38 00:53:53	3 (9 km) 00:22:42 01:22:42	4 (12 km) 00:23:14 01:53:14	5 (15 km) 00:24:03 02:24:03	6 (18 km) 00:24:31 02:54:31
				7 (21 km) 00:23:52 03:23:52	8 (24 km) 00:23:56 03:53:56	9 (27 km) 00:24:44 04:24:44	10 (30 km) 00:23:26 04:53:26	11 (33 km) 00:24:42 05:24:42	12 (36 km) 00:18:43 05:48:43
23	M: 19	50 Gustav Knutsson -79 Västerlösa Syförening	05:49:13 09:42 min/km Snitt: 00:23:50	1 (3 km) 00:24:09	2 (6 km) 00:24:18 00:54:33	3 (9 km) 00:22:49 01:22:49	4 (12 km) 00:23:17 01:53:17	5 (15 km) 00:24:36 02:24:36	6 (18 km) 00:24:28 02:54:28
				7 (21 km) 00:24:31 03:24:31	8 (24 km) 00:23:55 03:53:55	9 (27 km) 00:24:37 04:24:37	10 (30 km) 00:24:09 04:54:09	11 (33 km) 00:26:07 05:26:07	12 (36 km) 00:19:13 05:49:13
24	M: 20	25 Rickard Kanon -90 Kumla Skidförening	05:49:18 09:42 min/km Snitt: 00:22:34	1 (3 km) 00:24:18	2 (6 km) 00:22:37 00:52:52	3 (9 km) 00:21:34 01:21:34	4 (12 km) 00:22:00 01:52:00	5 (15 km) 00:21:56 02:21:56	6 (18 km) 00:21:43 02:51:43
				7 (21 km) 00:22:40 03:22:40	8 (24 km) 00:23:16 03:53:16	9 (27 km) 00:24:33 04:24:33	10 (30 km) 00:22:48 04:52:48	11 (33 km) 00:24:08 05:24:08	12 (36 km) 00:19:18 05:49:18

25	M: 21	30 Johan Fredriksson -84 Kumla SF	05:49:19 09:42 min/km Snitt: 00:18:26	1 (3 km) 00:16:32	2 (6 km) 00:15:10 00:45:25	3 (9 km) 00:15:33 01:15:33	4 (12 km) 00:15:08 01:45:08	5 (15 km) 00:19:37 02:19:37	6 (18 km) 00:17:05 02:47:05
				7 (21 km) 00:18:41 03:18:41	8 (24 km) 00:19:52 03:49:52	9 (27 km) 00:20:51 04:20:51	10 (30 km) 00:21:30 04:51:30	11 (33 km) 00:21:57 05:21:57	12 (36 km) 00:19:19 05:49:19
26	M: 22	54 Hampus Jedseius -90 Umara sports club	05:49:21 09:42 min/km Snitt: 00:18:11	1 (3 km) 00:16:29	2 (6 km) 00:16:02 00:46:17	3 (9 km) 00:15:33 01:15:33	4 (12 km) 00:15:11 01:45:11	5 (15 km) 00:16:11 02:16:11	6 (18 km) 00:16:40 02:46:40
				7 (21 km) 00:18:38 03:18:38	8 (24 km) 00:19:49 03:49:49	9 (27 km) 00:20:38 04:20:38	10 (30 km) 00:21:29 04:51:29	11 (33 km) 00:22:11 05:22:11	12 (36 km) 00:19:21 05:49:21
27	M: 23	33 Philip Granat -96 Skövde	05:49:22 09:42 min/km Snitt: 00:20:17	1 (3 km) 00:21:42	2 (6 km) 00:22:37 00:52:52	3 (9 km) 00:21:03 01:21:03	4 (12 km) 00:20:18 01:50:18	5 (15 km) 00:18:36 02:18:36	6 (18 km) 00:19:01 02:49:01
				7 (21 km) 00:19:27 03:19:27	8 (24 km) 00:19:50 03:49:50	9 (27 km) 00:19:22 04:19:22	10 (30 km) 00:20:18 04:50:18	11 (33 km) 00:21:54 05:21:54	12 (36 km) 00:19:22 05:49:22
28	M: 24	9 Martin Köhler -88 Örebro	05:50:46 09:44 min/km Snitt: 00:20:52	1 (3 km) 00:21:29	2 (6 km) 00:20:05 00:50:20	3 (9 km) 00:19:16 01:19:16	4 (12 km) 00:19:50 01:49:50	5 (15 km) 00:19:48 02:19:48	6 (18 km) 00:19:57 02:49:57
				7 (21 km) 00:21:13 03:21:13	8 (24 km) 00:21:09 03:51:09	9 (27 km) 00:21:51 04:21:51	10 (30 km) 00:22:52 04:52:52	11 (33 km) 00:22:14 05:22:14	12 (36 km) 00:20:46 05:50:46
29	K: 5	18 Regina Johnson -68 Karlskoga	05:50:58 09:44 min/km Snitt: 00:22:06	1 (3 km) 00:24:46	2 (6 km) 00:22:49 00:53:04	3 (9 km) 00:22:37 01:22:37	4 (12 km) 00:22:29 01:52:29	5 (15 km) 00:21:52 02:21:52	6 (18 km) 00:20:49 02:50:49
				7 (21 km) 00:21:14 03:21:14	8 (24 km) 00:21:02 03:51:02	9 (27 km) 00:21:48 04:21:48	10 (30 km) 00:21:55 04:51:55	11 (33 km) 00:23:03 05:23:03	12 (36 km) 00:20:58 05:50:58
30	M: 25	55 Mathias Johansen -71 OK Motala	05:51:17 09:45 min/km Snitt: 00:24:25	1 (3 km) 00:25:53	2 (6 km) 00:25:17 00:55:32	3 (9 km) 00:24:12 01:24:12	4 (12 km) 00:23:47 01:53:47	5 (15 km) 00:23:55 02:23:55	6 (18 km) 00:24:29 02:54:29
				7 (21 km) 00:24:36 03:24:36	8 (24 km) 00:24:04 03:54:04	9 (27 km) 00:24:44 04:24:44	10 (30 km) 00:26:06 04:56:06	11 (33 km) 00:24:41 05:24:41	12 (36 km) 00:21:17 05:51:17
31	K: 6	28 Hannen Kollgård Bedoui -81 Örebro	05:51:38 09:46 min/km Snitt: 00:23:35	1 (3 km) 00:24:43	2 (6 km) 00:23:06 00:53:21	3 (9 km) 00:21:34 01:21:34	4 (12 km) 00:22:03 01:52:03	5 (15 km) 00:21:58 02:21:58	6 (18 km) 00:20:15 02:50:15
				7 (21 km) 00:24:29 03:24:29	8 (24 km) 00:23:52 03:53:52	9 (27 km) 00:25:51 04:25:51	10 (30 km) 00:26:04 04:56:04	11 (33 km) 00:27:37 05:27:37	12 (36 km) 00:21:38 05:51:38
32	K: 7	44 Sarah Wirsén -86 Örebro	05:53:17 09:48 min/km Snitt: 00:24:09	1 (3 km) 00:23:49	2 (6 km) 00:21:30 00:51:45	3 (9 km) 00:21:02 01:21:02	4 (12 km) 00:21:58 01:51:58	5 (15 km) 00:24:02 02:24:02	6 (18 km) 00:24:15 02:54:15
				7 (21 km) 00:24:27 03:24:27	8 (24 km) 00:26:18 03:56:18	9 (27 km) 00:25:49 04:25:49	10 (30 km) 00:25:55 04:55:55	11 (33 km) 00:27:35 05:27:35	12 (36 km) 00:23:17 05:53:17
33	M: 26	23 Markus Nilsson -89 Örebro	05:55:54 09:53 min/km Snitt: 00:24:28	1 (3 km) 00:24:18	2 (6 km) 00:23:02 00:53:17	3 (9 km) 00:22:28 01:22:28	4 (12 km) 00:23:10 01:53:10	5 (15 km) 00:24:06 02:24:06	6 (18 km) 00:24:26 02:54:26
				7 (21 km) 00:24:28 03:24:28	8 (24 km) 00:23:37 03:53:37	9 (27 km) 00:24:38 04:24:38	10 (30 km) 00:25:57 04:55:57	11 (33 km) 00:27:37 05:27:37	12 (36 km) 00:25:54 05:55:54
34	K: 8	41 Lina Palm -90 Kumla SF	05:56:32 09:54 min/km Snitt: 00:25:48	1 (3 km) 00:26:01	2 (6 km) 00:24:38 00:54:53	3 (9 km) 00:24:44 01:24:44	4 (12 km) 00:25:38 01:55:38	5 (15 km) 00:24:09 02:24:09	6 (18 km) 00:26:18 02:56:18
				7 (21 km) 00:25:39 03:25:39	8 (24 km) 00:26:05 03:56:05	9 (27 km) 00:25:45 04:25:45	10 (30 km) 00:26:27 04:56:27	11 (33 km) 00:27:44 05:27:44	12 (36 km) 00:26:32 05:56:32
35	M: 27	21 Jonathan Nilsson -99 Kumla	05:56:34 09:54 min/km Snitt: 00:22:06	1 (3 km) 00:24:46	2 (6 km) 00:20:27 00:50:42	3 (9 km) 00:20:22 01:20:22	4 (12 km) 00:20:10 01:50:10	5 (15 km) 00:20:17 02:20:17	6 (18 km) 00:20:45 02:50:45
				7 (21 km) 00:21:54 03:21:54	8 (24 km) 00:21:42 03:51:42	9 (27 km) 00:21:49 04:21:49	10 (30 km) 00:22:13 04:52:13	11 (33 km) 00:24:16 05:24:16	12 (36 km) 00:26:34 05:56:34
36	M: 28	53 Tom Johnson -65 Karlskoga	05:57:41 09:56 min/km Snitt: 00:27:07	1 (3 km) 00:25:51	2 (6 km) 00:27:19 00:57:34	3 (9 km) 00:26:55 01:26:55	4 (12 km) 00:26:17 01:56:17	5 (15 km) 00:26:49 02:26:49	6 (18 km) 00:26:56 02:56:56
				7 (21 km) 00:26:59 03:26:59	8 (24 km) 00:27:22 03:57:22	9 (27 km) 00:27:23 04:27:23	10 (30 km) 00:28:06 04:58:06	11 (33 km) 00:27:47 05:27:47	12 (36 km) 00:27:41 05:57:41
		2 Chris Henriksson -99 Kumla	DNS						
		3 Thomas Mustonen -78 Laxå	DNF Snitt: 00:23:22	1 (3 km) 00:24:29	2 (6 km) 00:22:44 00:52:59	3 (9 km) 00:21:48 01:21:48	4 (12 km) 00:22:44 01:52:44	5 (15 km) 00:23:56 02:23:56	6 (18 km) 00:24:31 02:54:31

	4 Mikko Hakkarainen -02 Saltsjö-boo	DNS						
	7 Antje Wiksten -75 IF Start	DNS						
	13 Arvid Odencrants -89 Almby IK	DNS						
	15 Ida Benari -81 Team WalkwithME	DNS						
	16 Magnus Svensson -72 Team walkwithme	DNS						
	17 Simon Hagström -81 Vintrosa IS	DNF Snitt: 00:14:27	1 (3 km) 00:16:34	2 (6 km) 00:14:03 00:44:18	3 (9 km) 00:13:58 01:13:58	4 (12 km) 00:13:13 01:43:13		
	19 Maxime Bonneau -91 Linköpings OK	DNS						
	20 Mikael Linton -77 Sweden Runners	DNS						
	26 Johannes Fält -92 Örebro	DNS						
	27 Therese Andersson -86 Örebro	DNF Snitt: 00:23:34	1 (3 km) 00:24:17	2 (6 km) 00:23:02 00:53:17	3 (9 km) 00:22:27 01:22:27	4 (12 km) 00:23:09 01:53:09	5 (15 km) 00:24:05 02:24:05	6 (18 km) 00:24:24 02:54:24
	34 Peder Svensson -70 Hallsbergs brottarklubb	DNS						
	36 Linda Nilsson -72 Örebro	DNF Snitt: 00:24:05	1 (3 km) 00:24:47	2 (6 km) 00:23:09 00:53:24	3 (9 km) 00:23:40 01:23:40	4 (12 km) 00:23:23 01:53:23	5 (15 km) 00:24:12 02:24:12	6 (18 km) 00:24:34 02:54:34
	37 Per Gunnarsson -73 Örebro	DNF Snitt: 00:23:51	1 (3 km) 00:24:53	2 (6 km) 00:22:55 00:53:10	3 (9 km) 00:23:45 01:23:45			
	42 Billy Johansson -65 Föreningen Fåle OCR	DNF Snitt: 00:23:01	1 (3 km) 00:23:36	2 (6 km) 00:23:37 00:53:52	3 (9 km) 00:22:39 01:22:39	4 (12 km) 00:22:42 01:52:42	5 (15 km) 00:22:49 02:22:49	6 (18 km) 00:22:27 02:52:27
	43 Pernilla Norling -77 Föreningen Fåle OCR	DNF Snitt: 00:20:18	1 (3 km) 00:20:15	2 (6 km) 00:20:05 00:50:20	3 (9 km) 00:20:14 01:20:14	4 (12 km) 00:20:17 01:50:17	5 (15 km) 00:20:43 02:20:43	
	46 Johan Samuelsson -85 Säftele motocross klubb	DNF Snitt: 00:22:59	1 (3 km) 00:23:37	2 (6 km) 00:23:26 00:53:41	3 (9 km) 00:22:25 01:22:25	4 (12 km) 00:22:39 01:52:39	5 (15 km) 00:22:49 02:22:49	6 (18 km) 00:22:34 02:52:34
	48 Matilda Stenberg -80 Hallsberg	DNF Snitt: 00:26:00	1 (3 km) 00:26:08	2 (6 km) 00:25:38 00:55:53	3 (9 km) 00:25:59 01:25:59	4 (12 km) 00:25:49 01:55:49	5 (15 km) 00:26:07 02:26:07	6 (18 km) 00:26:20 02:56:20
	52 Peter Tvingmark -87 Västerlösa Running Beer Club	DNF Snitt: 00:23:54	1 (3 km) 00:22:31	2 (6 km) 00:24:27 00:54:42	3 (9 km) 00:23:34 01:23:34	4 (12 km) 00:25:05 01:55:05		

## M 36 km (12 varv)

Plac	Namn	Resultat
1	49 André Rangelind -91 IF Göta Karlstad	05:42:06 09:30 min/km
2	11 Joel Aristondo Magnusson -02 Årja IF	05:42:33 09:30 min/km
3	22 Marcus Bargholtz -90 Örebro	05:42:42 09:31 min/km
4	35 Jim Dahlberg -91 Grusstråna	05:43:41 09:32 min/km
5	51 Mattias Edlund -84 Tuggetrail	05:43:56 09:33 min/km
6	10 Stefan Jonsson -80 Örebro	05:43:58 09:33 min/km
7	31 Christofer Vestmo -95 Västerås	05:44:07 09:33 min/km

8	32 Jesper Isaksson -95 LöpellerSpö	05:45:20 09:35 min/km
9	14 Marcus Cederlöf -92 Västerås	05:45:21 09:35 min/km
10	47 Patrik Nilvér -83 LK Gränslöst	05:45:23 09:35 min/km
11	56 Märten Nilsson -99	05:45:33 09:35 min/km
12	6 Torbjörn Eriksson -66 Team Nordic Trail Örebro	05:45:40 09:36 min/km
13	1 Viggo Edwall -08 KFUM Örebro orientering	05:45:50 09:36 min/km
14	12 Nicklas Jander -89 Almby IK	05:47:25 09:39 min/km
15	38 Simon Ekdahl -77 KFUM Örebro orientering	05:47:31 09:39 min/km
16	24 Joakim Sannerhult -86 Örebro	05:47:47 09:39 min/km
17	5 Markus Vestberg -88 Örebro	05:47:55 09:39 min/km
18	8 Henrik Johansson -75 Örebro	05:48:43 09:41 min/km
19	50 Gustav Knutsson -79 Västerlösa Syförening	05:49:13 09:42 min/km
20	25 Rickard Kanon -90 Kumla Skidförening	05:49:18 09:42 min/km
21	30 Johan Fredriksson -84 Kumla SF	05:49:19 09:42 min/km
22	54 Hampus Jedselius -90 Umara sports club	05:49:21 09:42 min/km
23	33 Philip Granat -96 Skövde	05:49:22 09:42 min/km
24	9 Martin Köhler -88 Örebro	05:50:46 09:44 min/km
25	55 Mathias Johansen -71 OK Motala	05:51:17 09:45 min/km
26	23 Markus Nilsson -89 Örebro	05:55:54 09:53 min/km
27	21 Jonathan Nilsson -99 Kumla	05:56:34 09:54 min/km
28	53 Tom Johnson -65 Karlskoga	05:57:41 09:56 min/km

### K 36 km (12 varv)

Plac	Namn	Resultat
1	29 Malin Yngström -74 OK Tisaren	05:47:21 09:38 min/km
2	39 Julia Ekdahl -08 KFUM Örebro orientering	05:47:31 09:39 min/km
3	45 Maria Pettersson -67 Kumla	05:48:36 09:41 min/km
4	40 Ida Enger -74 Pålsboda Göif	05:48:42 09:41 min/km
5	18 Regina Johnson -68 Karlskoga	05:50:58 09:44 min/km
6	28 Hannen Kollgård Bedoui -81 Örebro	05:51:38 09:46 min/km
7	44 Sarah Wirsén -86 Örebro	05:53:17 09:48 min/km
8	41 Lina Palm -90 Kumla SF	05:56:32 09:54 min/km

### 18 km (6 varv)

Distans: 18 000 m

Plac	Ålder	Namn	Resultat	Mellantider
1	M: 1	96 Adam Montén -99 IF Start	02:42:59 09:03 min/km Snitt: 00:20:22	1 (3 km) 00:23:27 2 (6 km) 00:19:55 3 (9 km) 00:20:51 4 (12 km) 00:23:41 5 (15 km) 00:21:24 6 (18 km) 00:12:59
2	M: 2	72 Rihards Darzins -86 Almby IK	02:43:32 09:05 min/km Snitt: 00:15:15	1 (3 km) 00:16:04 2 (6 km) 00:15:12 3 (9 km) 00:15:18 4 (12 km) 00:15:45 5 (15 km) 00:15:39 6 (18 km) 00:13:32
3	M: 3	92 Boris Vergara -76 Stockholm	02:47:31 09:18 min/km Snitt: 00:18:50	1 (3 km) 00:21:33 2 (6 km) 00:19:55 3 (9 km) 00:19:26 4 (12 km) 00:17:20 5 (15 km) 00:17:20 6 (18 km) 00:17:31

4	M: 4	91 Fredrik Spåre -80 Örebro	02:47:50 09:19 min/km Snitt: 00:21:01	1 (3 km) 00:22:42	2 (6 km) 00:21:27 00:51:27	3 (9 km) 00:21:50 01:21:50	4 (12 km) 00:20:22 01:50:22	5 (15 km) 00:21:58 02:21:58	6 (18 km) 00:17:50 02:47:50
5	M: 5	76 Sven Ottonius -06 Örebro	02:47:51 09:19 min/km Snitt: 00:20:19	1 (3 km) 00:21:29	2 (6 km) 00:21:21 00:51:21	3 (9 km) 00:20:39 01:20:39	4 (12 km) 00:19:56 01:49:56	5 (15 km) 00:20:40 02:20:40	6 (18 km) 00:17:51 02:47:51
6	K: 1	95 Caroline Lindskog -88	02:48:12 09:20 min/km Snitt: 00:22:54	1 (3 km) 00:23:48	2 (6 km) 00:21:46 00:51:46	3 (9 km) 00:25:27 01:25:27	4 (12 km) 00:24:50 01:54:50	5 (15 km) 00:23:25 02:23:25	6 (18 km) 00:18:12 02:48:12
7	K: 2	71 Lina Nyholm -81 Team Nordic Trail	02:48:48 09:22 min/km Snitt: 00:22:46	1 (3 km) 00:23:55	2 (6 km) 00:21:54 00:51:54	3 (9 km) 00:24:30 01:24:30	4 (12 km) 00:22:50 01:52:50	5 (15 km) 00:24:41 02:24:41	6 (18 km) 00:18:48 02:48:48
8	M: 6	86 Peter Ferm -67 Hampetorp youngboys	02:49:17 09:24 min/km Snitt: 00:21:40	1 (3 km) 00:23:53	2 (6 km) 00:21:42 00:51:42	3 (9 km) 00:21:50 01:21:50	4 (12 km) 00:21:35 01:51:35	5 (15 km) 00:21:45 02:21:45	6 (18 km) 00:19:17 02:49:17
9	M: 7	81 Peter Garp -74 Fjugesta	02:49:18 09:24 min/km Snitt: 00:21:10	1 (3 km) 00:22:43	2 (6 km) 00:20:34 00:50:34	3 (9 km) 00:20:48 01:20:48	4 (12 km) 00:21:30 01:51:30	5 (15 km) 00:22:12 02:22:12	6 (18 km) 00:19:18 02:49:18
10	M: 8	90 Johan Rosenfeldt -90 Karlstad	02:49:24 09:24 min/km Snitt: 00:21:30	1 (3 km) 00:23:54	2 (6 km) 00:21:43 00:51:43	3 (9 km) 00:20:42 01:20:42	4 (12 km) 00:21:34 01:51:34	5 (15 km) 00:21:44 02:21:44	6 (18 km) 00:19:24 02:49:24
11	K: 3	89 Sofie Ihlberg -82 Karlstad	02:50:03 09:26 min/km Snitt: 00:21:37	1 (3 km) 00:23:54	2 (6 km) 00:21:45 00:51:45	3 (9 km) 00:20:42 01:20:42	4 (12 km) 00:21:35 01:51:35	5 (15 km) 00:21:43 02:21:43	6 (18 km) 00:20:03 02:50:03
12	K: 4	84 Alexandra Nyman -86 Örebro	02:50:05 09:26 min/km Snitt: 00:22:33	1 (3 km) 00:21:48	2 (6 km) 00:21:54 00:51:54	3 (9 km) 00:24:35 01:24:35	4 (12 km) 00:22:48 01:52:48	5 (15 km) 00:24:10 02:24:10	6 (18 km) 00:20:05 02:50:05
13	M: 9	70 Fredrik Roos -77 Goofytrail	02:50:40 09:28 min/km Snitt: 00:22:27	1 (3 km) 00:23:49	2 (6 km) 00:21:55 00:51:55	3 (9 km) 00:21:20 01:21:20	4 (12 km) 00:22:50 01:52:50	5 (15 km) 00:24:10 02:24:10	6 (18 km) 00:20:40 02:50:40
14	K: 5	80 Sara Lewis -99 Kristinehamn	02:52:08 09:33 min/km Snitt: 00:23:39	1 (3 km) 00:23:58	2 (6 km) 00:23:19 00:53:19	3 (9 km) 00:24:39 01:24:39	4 (12 km) 00:23:39 01:53:39	5 (15 km) 00:24:12 02:24:12	6 (18 km) 00:22:08 02:52:08
15	M: 10	79 Daniel Dalerhult -92 Kristinehamn	02:52:13 09:34 min/km Snitt: 00:23:53	1 (3 km) 00:23:57	2 (6 km) 00:23:40 00:53:40	3 (9 km) 00:24:43 01:24:43	4 (12 km) 00:23:56 01:53:56	5 (15 km) 00:24:51 02:24:51	6 (18 km) 00:22:13 02:52:13
16	M: 11	83 Lars Olof Berg -60 Kull!	02:53:38 09:38 min/km Snitt: 00:22:19	1 (3 km) 00:22:40	2 (6 km) 00:21:47 00:51:47	3 (9 km) 00:22:25 01:22:25	4 (12 km) 00:21:46 01:51:46	5 (15 km) 00:21:39 02:21:39	6 (18 km) 00:23:38 02:53:38
17	K: 6	88 Carolin Nordlund -89 Säffle motocrossklubb	02:55:41 09:45 min/km Snitt: 00:24:57	1 (3 km) 00:23:03	2 (6 km) 00:23:48 00:53:48	3 (9 km) 00:25:19 01:25:19	4 (12 km) 00:25:49 01:55:49	5 (15 km) 00:26:05 02:26:05	6 (18 km) 00:25:41 02:55:41
		73 Robert Lundh -78 Almby IK	DNS						
		74 Carina Drugge -81 Örebro	DNF Snitt: 00:27:30	1 (3 km) 00:26:17	2 (6 km) 00:27:01 00:57:01	3 (9 km) 00:27:10 01:27:10	4 (12 km) 00:29:33 01:59:33		
		75 Emil Drugge -79 Örebro	DNS						
		77 Fanny Schenk -85 Jullöparna	DNS						
		78 Eva Schenk -58 Tyresö	DNS						
		82 Elizavéta Present Hasselgren - 93 Borghamn	DNF Snitt: 00:24:30	1 (3 km) 00:23:56	2 (6 km) 00:23:34 00:53:34	3 (9 km) 00:24:34 01:24:34	4 (12 km) 00:25:58 01:55:58		
		85 Björn Haraldsson -55 Hampetorp youngboys	DNF Snitt: 00:27:10	1 (3 km) 00:26:07	2 (6 km) 00:27:00 00:57:00	3 (9 km) 00:28:24 01:28:24			
		87 Linda Norling -81 Bottnaryd	DNF Snitt: 00:24:43	1 (3 km) 00:23:03	2 (6 km) 00:23:52 00:53:52	3 (9 km) 00:25:24 01:25:24	4 (12 km) 00:26:34 01:56:34		

## M 18 km (6 varv)

Plac	Namn	Resultat
1	96 Adam Montén -99 IF Start	02:42:59 09:03 min/km
2	72 Rihards Darzins -86 Almby IK	02:43:32 09:05 min/km
3	92 Boris Vergara -76 Stockholm	02:47:31 09:18 min/km

4	91 Fredrik Spåre -80 Örebro	02:47:50 09:19 min/km
5	76 Sven Ottonius -06 Örebro	02:47:51 09:19 min/km
6	86 Peter Ferm -67 Hampetorp youngboys	02:49:17 09:24 min/km
7	81 Peter Garp -74 Fjugesta	02:49:18 09:24 min/km
8	90 Johan Rosenfeldt -90 Karlstad	02:49:24 09:24 min/km
9	70 Fredrik Roos -77 Goofytrail	02:50:40 09:28 min/km
10	79 Daniel Dalerhult -92 Kristinehamn	02:52:13 09:34 min/km
11	83 Lars Olof Berg -60 Kull	02:53:38 09:38 min/km

**K** 18 km (6 varv)

Plac	Namn	Resultat
1	95 Caroline Lindskog -88	02:48:12 09:20 min/km
2	71 Lina Nyholm -81 Team Nordic Trail	02:48:48 09:22 min/km
3	89 Sofie Ihlberg -82 Karlstad	02:50:03 09:26 min/km
4	84 Alexandra Nyman -86 Örebro	02:50:05 09:26 min/km
5	80 Sara Lewis -99 Kristinehamn	02:52:08 09:33 min/km
6	88 Carolin Nordlund -89 Säffle motocrossklubb	02:55:41 09:45 min/km